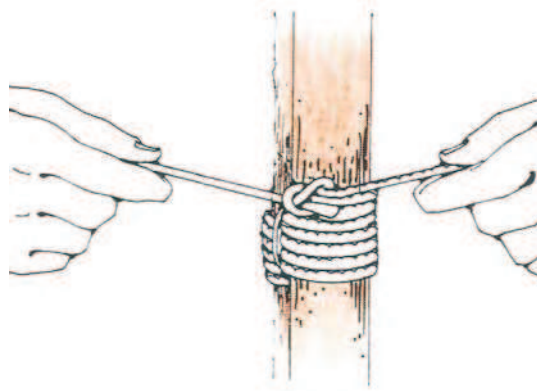


Make three or four winds pulling each wind tight and finish with a square knot.



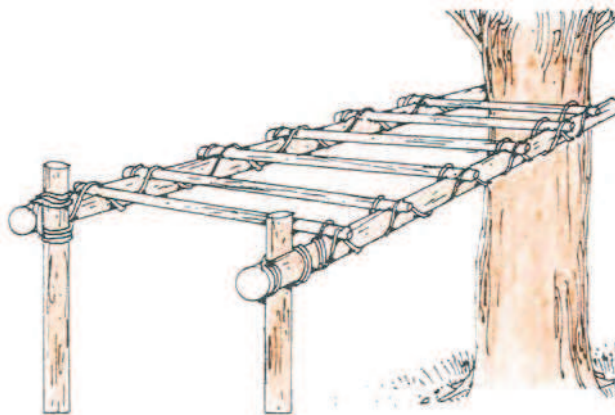
### Tripod Lashing

Tripod Lashing is a type of Round or Sheer lashing where three poles are used and the windings are not made very tight. Begin with the center pole pointed the opposite direction of the other poles. Make several windings around the three poles. Frap between each pole, pulling tight. End with a square knot.

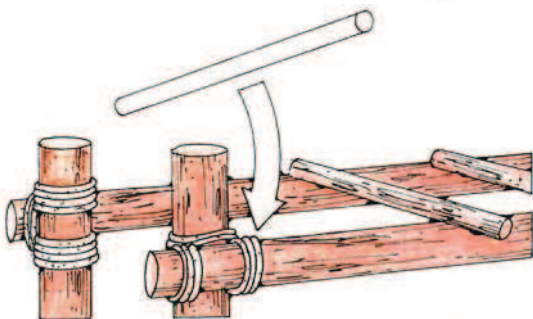
*"I give thanks to Christ Jesus our Lord, who has strengthened me, because He considered me faithful, appointing me to the ministry." (1 Timothy 1:12)*

### Continuous Lashing

Continuous Lashing is used to make a table top or seats.

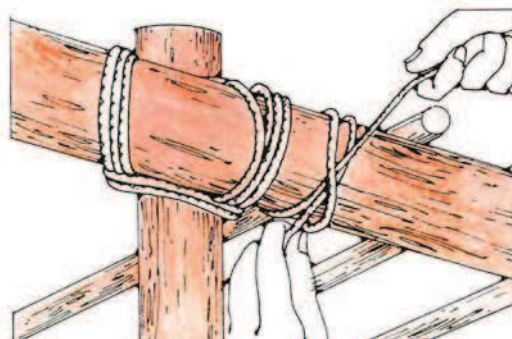


*Every believer is called to be involved in God's mission and ministry. Pray about where God would like you to be involved.*



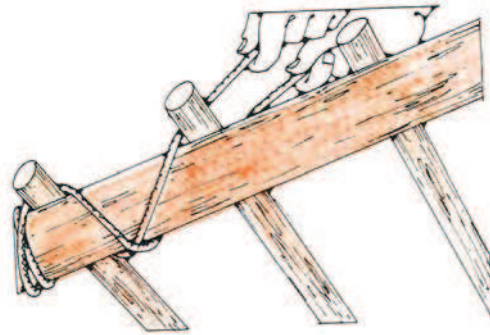
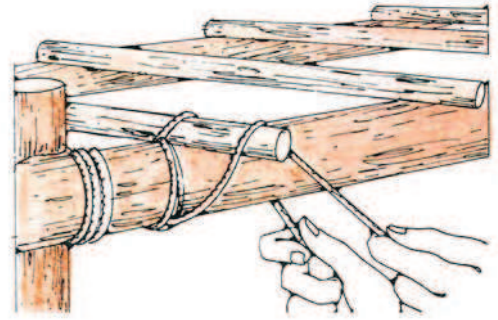
First, make a frame using square lashing. Cut and trim sticks to be used as cross pieces.

Start with a piece of twine long enough to completely lash each side. Tie a clove hitch around the frame in the middle of the twine with the knot underneath.



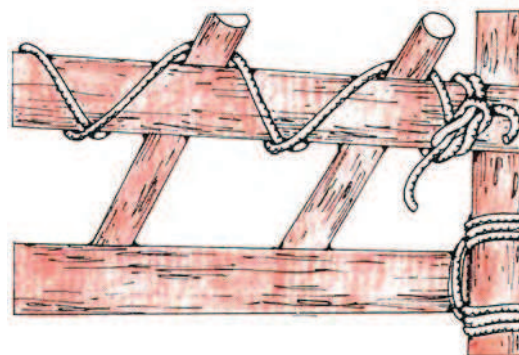
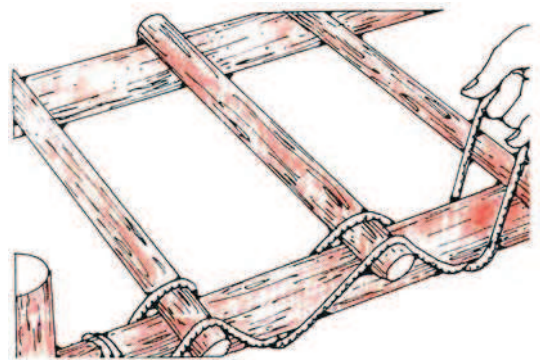
- Notes -

Take an end of twine in each hand and pull it up and over the first cross piece then pull it down under the frame.



Cross the twine under the frame making an X, pulling the twine tight.

Bring twine up and over the next cross piece. Continue the pattern crossing the twine under the frame each time.



Pull the twine tight and finish with a square knot. Repeat on other side.