

## - Notes -

*“For the body is one and has many parts, and all the parts of that body, though many, are one body – so also is Christ.”  
(1 Corinthians 12:12)*

*Just as there are different types of knots for different uses, so also Christ gives different talents to His disciples to accomplish the tasks He assigns us.*

## Types of Knots

### Stopper Knots

Stopper knots are used to prevent a rope from sliding or being pulled through an object. Stopper knots are generally tied in the end of a rope.

### Overhand Knot

The Overhand Knot is the simplest and smallest stopper knot. It is generally used on small cord or twine, since it jams and is hard to untie. To tie: make an overhand loop, pass the end under and up through the loop. Draw tight.



### Figure Eight Knot

The Figure Eight Knot is a stopper knot that is easier to untie than the overhand knot. To tie: make an underhand loop, bring the end around and over the standing part, pass the end under and then up through the loop. Draw tight.

